



# Altmore & Lathom Schools Federation

Headteacher: Mrs Sarah Rowlands

Head of School (Altmore): Ms Carolyn Marles  
Acting Head of School (Lathom): Mrs Y Musinguzi



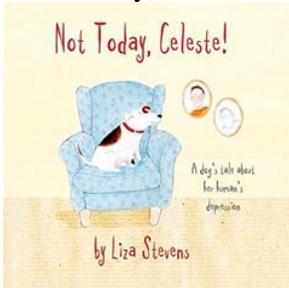
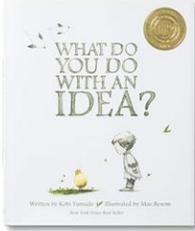
23.02.22

Dear Parents/Carers,

Each half term, each class is given (Personal, Social Health and Citizenship Education) inspired books to read and enjoy. Children listen to the story, then think about all of the concepts linked to PSHCE which the book relates to. They turn these concepts into philosophical questions and they then discuss the possible answers to these questions.

Children are encouraged to use their skills to define and refine questions, find meanings, justify their ideas and explain what they mean. They learn to speak with confidence as well as listen to their peers and they learn to build on their thoughts and ideas to create meaningful dialogue. Children find polite ways to say that they agree and disagree with each other's points of view and they practise finding examples and evidence to describe and clarify their thoughts and opinions – all at a level appropriate to their age. These activities aim to build communities of enquiry where children develop their creative, critical, caring and collaborative thinking skills.

In our RSHE parental consultation, we ensured parents we would share termly curriculum coverage of PSHCE/RSHE along with the book titles so that parents can investigate the contents of these chosen books themselves and prepare to talk to their child about them at home. Please find below this terms information.

<b>Spring 2</b>	
<b>Topic: Healthy Me</b>	
<b>Curriculum Coverage:</b> Describe the different role food plays in people's lives Explain how people can develop eating disorders	
<b>Books to support the unit:</b>	
<p>Not today, Celeste!</p> 	<p>What do you do with an idea?</p> 

If you would like any further information or would like to discuss these books in more detail, please do not hesitate to speak to your child's class teacher, a member of the leadership team or to me.

Kind regards,  
Fahima Robbani  
PSHE/RSHE Leader.