

## PSHCE

At Lathom, we use a scheme of work called 'Jigsaw PSHE' to support the teaching of PSHE in our school.

What is Jigsaw PSHE?

Jigsaw PSHE is a comprehensive and completely original Scheme of Work for the whole Primary School from Years 1 and 2 through to Year 6. It brings together PSHE Education, emotional literacy, social skills and spiritual development in a comprehensive scheme of learning.

SMSC (Spiritual, Moral, Social and Cultural) development opportunities are mapped throughout. All of these pieces of learning are brought together to form a cohesive picture, helping children to know and value who they are and understand how they relate to other people in the world.

An overview of the 6 topics:

**Being Me In My World** covers a wide range of topics, including a sense of belonging, welcoming others and being part of a school community, a wider community, and a global community; it also looks at children's rights and responsibilities, working and socialising with others, and pupil voice.

**Celebrating Difference** focuses on similarities and differences and teaches about diversity, such as disability, racism, power, friendships, and conflict; children learn to accept everyone's right to 'difference', and most year groups explore the concept of 'normal'; bullying – what it is and what it isn't, including cyber and homophobic bullying – is an important aspect of this Puzzle.

**Dreams and Goals** aims to help children think about their hopes and dreams, their goals for success, what personal strengths are, and how to overcome challenges, via teamwork skills and tasks. There is also a focus on enterprise and fundraising. Children learn about experiencing and managing feelings of pride, ambition, disappointment, success; and they get to share their aspirations, the dreams and goals of others in different cultures/countries, and their dreams for the world.

**Healthy Me** covers two main areas of health: Emotional health (relaxation, being safe, friendships, mental health skills, body image, relationships with food, managing stress) and Physical health (eating a balanced diet, physical activity, rest and relaxation, keeping clean, drugs and alcohol, being safe, first aid) in order for children to learn that health is a very broad topic.

**Relationships** has a wide focus, looking at diverse topics such as families, friendships, pets and animals, and love and loss. A vital part of this Puzzle is about safeguarding and keeping children safe; this links to cyber safety and social networking, as well as attraction and assertiveness; children learn how to deal with conflict, their own strengths and self-esteem. They have the chance to explore roles

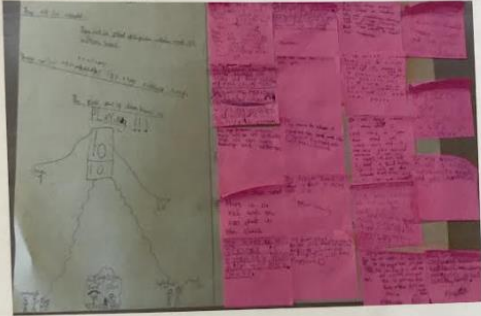
and responsibilities in families and look at stereotypes. All Jigsaw lessons are delivered in an age- and stage-appropriate way so that they meet children's needs.

**Changing me** is an important part of the Jigsaw PSHE programme and is delivered through the 'Relationships' and 'Changing Me' puzzle pieces which are covered in the summer term.

Recent pieces of work which the children have produced in PSHE throughout the school are:

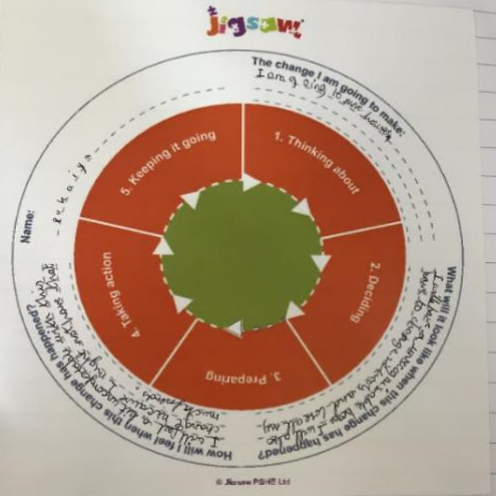
### Year 3

L.O.: Can I face new challenges positively, make responsible choices and ask for help when I need it?



My dream School would have a sofa for boys and a shade fountain. A big playground and nice boys and girls. And mathmells with the chaste fountain with cars and nice wickets. With a slide and swings.

L.O.: Can I know how the circle of change works and how it applies to my life?



The change I am going to make I am going to try to make.

What will it look like when the change has happened?

How will I feel when the change has happened?

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### Year 4

Monday 3rd October 2022

L.O: can I understand how democracy works through the School council?

1. I believe that to have a home is important because if there is a flood there is no where to hide and they might die or drowned.
2. I know that to not be dragged away from your country is important because you have a right to live there, in their save home.

To make a good classroom and School we need a student councillor to help us solve problems and make the school a better place. Also to make us happy and fit in.

5. I love: Resilience: Resilience means to me never give up when things get tough. Keep on trying.

**I have:**

1. Access to health, education and social care because the government give it for free.
2. Structure and organisation because I am neat and tidy.
3. Encouragement to be independent so I know I have my own knowledge not others.

**I am:**

1. Proud of myself because I have neat presentation.
2. Responsible because I am sensible and mature.
3. Hopeful and truthful because I have my own goals.

**I can:**

1. Solve problems through knowledge and agreement.
2. Understand my equipment and control it by being calm.

## Year 5

23.09.2022

Lo: Can I make choices about my own behaviour because I understand how rewards and consequences feel?

Rewards and Consequences

- 1 Right to education  
Reward: Graduating/break break  
Consequence: Grounded/detention
- 2 Right to play  
Reward: Refresh your brain/break from work  
Consequence: Won't have a refreshed memory/headache if you don't have a break
- 3 Right to share information as long as it is safe  
Reward: Gain information/learn more  
Consequence: hurt people's heart/influence people
- 4 Right to like  
Reward: Set the world & chose who you want to be  
Consequence: Be a slave/can't chose what to do
- 5 Right to privacy  
Reward: Have your own space/no one can invade your own  
Consequence: You can't have your own personal space
- 6 Right to a good standard of life  
Reward: High quality life  
Consequence: Low quality life

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23.09.2022

Lo: Can I understand my rights and responsibilities as a citizen and as a member of my school?

You should be quiet and let others have a chance to actually learn rather than playing around.

They need to be encouraged not to get distracted by things very easily.

Ⓚ I will learn effectively by not making any one distract me and also keep focused and always

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## Year 6

Wednesday 14th September 2022

Lo: Can I identify my goals for this year, understand my fears and worries about the future and know how to express them?

My goal is to achieve a good set (set 1 or 2) so I can do harder work and get smarter.

I want to achieve good scores in SATs so I can do our CAT test scores.

I also want to get better at Maths by reading the question 2-3 times.

I want to get better at reading and understanding questions without struggling.

I would like to achieve one of the highest in the class which my parents will be proud of.

I want to earn more friends so I can won't be lonely when I get to Secondary.

I want to participate in more clubs so I could have more talent e.g. art, guitar, chess or debate.

I would also like to improve on sports like football, Basketball, badminton etc.

Wednesday 21st September 2022

Lo: Can I understand that my actions affect other people locally and globally?

I haven't gained many talents such as music, swimming, languages (Latin), singing and dancing which K. know I am recognised.

When I walk around the school, everyone calls me my name and don't call me mean things.

When I talk in assemblies, I don't stutter and talk confidently.

I have a group of friends who always care for me and I return the love.

I don't have a companion ship as I'm still young.

Legend:  
■ = met  
■ = unmet

The way that we get this is from our parents' would buy or make the goal, shelter so we could have meet our needs.

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During Anti-Bullying Week we talked about acceptable behaviour and how we treat others. We decided ways that we could make our school a better place by treating everybody kindly and with respect.

At Lathom, we support a range of different charities and participate in many different fundraising events to donate money to charities.

**Books which are recommended for PSHE are:**

